

Suggested 2nd Grade Daily Schedule during COVID-19 School Closure

Time of Day	Task	Suggested Choices		
Before 9am	Wake Up	Make Bed	Get Dressed, Pajamas in Laundry	Have Breakfast
9:00-10:00	Outdoors Time	Neighborhood Walk	Playing in backyard	Yoga/stretches
10:00-11:00	Academic time (without technology)	Reading <ul style="list-style-type: none"> • Read to yourself • Read with a sibling • Read to a stuffed animal • Read with a parent 	Writing <ul style="list-style-type: none"> • Journal, • Practice personal narrative writing • Write about something you learned in a Nonfiction book you've read 	Math <ul style="list-style-type: none"> • Flashcards • Counting Coins • Telling Time on Analog Clock
11:00-12:00	Creative Time	Legos Puzzles Building Blocks	Drawing Painting Coloring	Baking Cooking Musical Instruments
12:00	Lunch / Free Time			
1:00	Chores Help your parents and make sure to wear protective equipment and wash your hands when done	Kitchen: Wipe all chairs, tables	Home: Wipe all door handles, light switches, desk tops	Bathroom: Wipe all sinks and toilets in each bathroom
1:30-2:30	Quiet Time	Rest	Read	Quiet Activity
2:30-4:00	Academic time (technology ok)	IXL Xtramath	RAZ Kids Epic	Mystery Science
4:00-4:30	Afternoon Outdoors Time	Play in yard	Walk in neighborhood	Yoga/Stretches/Go Noodle
4:30-6:00	TV or Video Game Time	Your choice of programming		
6:00-7:00	Dinner			
7:00-7:30	Shower/Bath	Start Getting Ready for Bed	Lower energy, dim some of the lights in the house	
7:30-8:00	Family Reading	Select books to read together	Take turns letting different siblings pick which book to read	
8:00	Bedtime			
9:00	Bedtime for all children who listened, behaved (no fighting), and followed the schedule for the day			