May 26, 2020

This week I have included a fun Jumping Jack Song. Work together with people in your home. Continue to work on the GONoodles videos. As the weather is warming up, remember to stay safe, safe distance, face covering and washing hands.

BE ACTIVE

Peace, Coach Carr

https://openphysed.org/wp-content/uploads/2020/03/AX-Xk2-: Week's Calendar

https://openphysed.org/wp-content/uploads/2020/03/04-CAL: May DEAM

https://youtu.be/LMVEAJpeqSk: Scarf Exploration

https://youtu.be/7WAHC5g4iJw:JumpingJack Song

https://youtu.be/HXkAPjuWy9A: Yoga